Farrell Area Schools K-12 Breakfast Menu
May 2024

| Monday Tuesday |  |  | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | SUMMER LUNCH PROGRAM STARTS JUNE 10TH 11:30 TO 12:30 | We are hiring for cafeteria positions $\begin{gathered} 724.854 .8015 \\ \text { if interested } \end{gathered}$ | $1$ <br> ELEMENTARY (K-6) BREAKFAST MEAL KIT <br> Lucky Charms Kit <br> HIGH SCHOOL (7-12) Goody Ring | 2 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Kit <br> HIGH SCHOOL (7-12) <br> Dunkin Sticks | 3 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Coco Puff Bar Kit <br> HIGH SCHOOL (7-12) <br> Super Donut |
| Every student of Farrell Schools is entitled to breakfast and lunch at no cost! | 6 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT Fruit Loops <br> HIGH SCHOOL (7-12) <br> Chocolate Bread | $7$ <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Strawberry Poptart <br> HIGH SCHOOL (7-12) <br> Cinnamon Roll | 8 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Lucky Charms Kit <br> HIGH SCHOOL (7-12) <br> Mini Powdered Donuts | 9 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Kit <br> HIGH SCHOOL (7-12) <br> Coffee Cake | 10 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Coco Puff Bar Kit <br> HIGH SCHOOL (7-12) <br> Lemon Bread |
|  | $13$ <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT Fruit Loops <br> HIGH SCHOOL (7-12) <br> Cinnamon Roll | 14 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Strawberry Poptart <br> HIGH SCHOOL (7-12) <br> Mini Chocolate Donuts | 15 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Lucky Charms Kit <br> HIGH SCHOOL (7-12) <br> Super Bun | 16 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Kit <br> HIGH SCHOOL (7-12) <br> Goody Ring | $17$ <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Coco Puff Bar Kit <br> HIGH SCHOOL (7-12) Super Donut |
| Milk offered daily: fat free chocolate, $1 \%$ white <br> All bread is whole grain | 20 ELEMENTARY (K-6) BREAKFAST MEAL KIT Fruit Loops <br> HIGH SCHOOL (7-12) Dunkin Sticks | $21$ <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Strawberry Poptart <br> HIGH SCHOOL (7-12) <br> Goody Ring | 22 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Lucky Charms Kit <br> HIGH SCHOOL (7-12) <br> Chocolate Bread | $23$ <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Kit <br> HIGH SCHOOL (7-12) <br> Super Bun | 24 <br> ELEMENTARY (K-6) <br> BREAKFAST MEAL KIT <br> Coco Puff Bar Kit <br> HIGH SCHOOL (7-12) <br> Coffee Cake |
| Menu subject to change | 27 <br> NO SCHOOL <br> Memorial Day | $\begin{gathered} 28 \\ \text { COOK'S CHOICE } \end{gathered}$ | $\begin{gathered} \hline 29 \\ \text { COOK'S CHOICE } \end{gathered}$ | 30 SUMMER LUNCH PROGRAM STARTS JUNE 10TH 11:30 TO 12:30 Door 18 | $31$ <br> We are hiring for cafeteria positions $724.854 .8015$ <br> if interested |

The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

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| Monday Tuesday |  |  | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | We are hiring for cafeteria positions $\begin{gathered} 724.854 .8015 \\ \text { if interested } \end{gathered}$ |  | $1$ <br> BAKED CHICKEN <br> Whole Grain Dinner Roll <br> Mashed Potatoes Red Peppers Assorted Fresh Fruit Choice of Low Fat Milk | 2 <br> PENNE PASTA with MEAT SAUCE <br> Garden Romaine Salad Whole Grain Dinner Roll (9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk | $3$ <br> CHEESE PIZZA <br> Garden Romaine Salad Fresh Cukes Assorted Fresh Fruit Choice of Low Fat Milk |
| Every student of Farrell Schools is entitled to breakfast and lunch at no cost! <br> Don't forget to take at least one fruit or veggie with each meal <br> Grades 9-12 may take two fruits | 6 <br> BBQ RIB SANDWICH <br> on Whole Grain Bun <br> French Fries <br> Baby Tomatoes <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 7 <br> WALKING TACOS <br> with Whole Grain Tortilla Chips <br> Black Beans / Corn <br> Celery Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 8 <br> ASIAN CHICKEN <br> on Bed of Brown Rice <br> Steamed Broccoli <br> Fresh Cauliflower <br> Assorted Fresh Fruit Choice of Low Fat Milk | 9 <br> ZITI with MEAT SAUCE <br> Garden Romaine Salad Whole Grain Dinner Roll(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk | 10 <br> MEATLOAF <br> Whole Grain Dinner Roll <br> Mashed Potatoes <br> Red Peppers <br> Assorted Fresh Fruit Choice of Low Fat Milk |
| Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other <br> Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices | 13 <br> SLOPPY JOES <br> on Whole Grain Bun French Fries <br> Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk | 14 <br> HOT HAM \& CHEESE SANDWICH <br> on Whole Grain Bun Steamed Broccoli Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk | 15 <br> CHICKEN SANDWICH <br> on Whole Grain Bun <br> Baked Beans <br> Fresh Broccoli <br> Assorted Fresh Fruit Choice of Low Fat Milk | 16 <br> ROTINI with MEAT SAUCE <br> Garden Romaine Salad Whole Grain Breadstick(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk | 17 PIZZA <br> Garden Romaine Salad Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk |
| Milk offered daily: fat free chocolate, $1 \%$ white, <br> All bread is whole grain <br> Grab \& Go Salads offered daily as a meal | 20 <br> MEATBALL HOAGIE <br> on Whole Grain Bun <br> French Fries <br> Carrot Sticks <br> Assorted Cupped and Fresh Fruit Choice of Low Fat Milk | 21 <br> NACHOS GRANDE <br> on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk | 22 <br> CHICKEN NUGGETS <br> Whole Grain Dinner Roll <br> Corn <br> Fresh Broccoli Assorted Fresh Fruit Choice of Low Fat Milk | 23 PIZZA Garden Romaine Salad Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk | 24 <br> BREAKFAST FOR LUNCH <br> French Toast <br> Sausage <br> Hash Brown <br> Assorted Fresh Fruit Choice of Low Fat Milk |
| $\begin{gathered} \text { Cheez-its Grades } 7 \text { - } \mathbf{1 2} \text { on } \\ 5 / 8,9,10 \\ 5 / 17 \\ 5 / 20 \end{gathered}$ <br> Menu subject to change | 27 <br> NO SCHOOL <br> Memorial Day | 28 <br> CHEESEBURGERS <br> French Fries <br> Fresh Cauliflower <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | $\begin{gathered} 29 \\ \text { COOK'S CHOICE } \end{gathered}$ | 30 <br> SUMMER LUNCH PROGRAM <br> STARTS JUNE 10TH <br> 11:30 TO 12:30 | $31$ <br> We are hiring for cafeteria positions $724.854 .8015$ <br> if interested |

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